

# Effect and shrinkage estimation in meta-analyses of two studies

Christian Röver

Department of Medical Statistics,  
University Medical Center Göttingen,  
Göttingen, Germany

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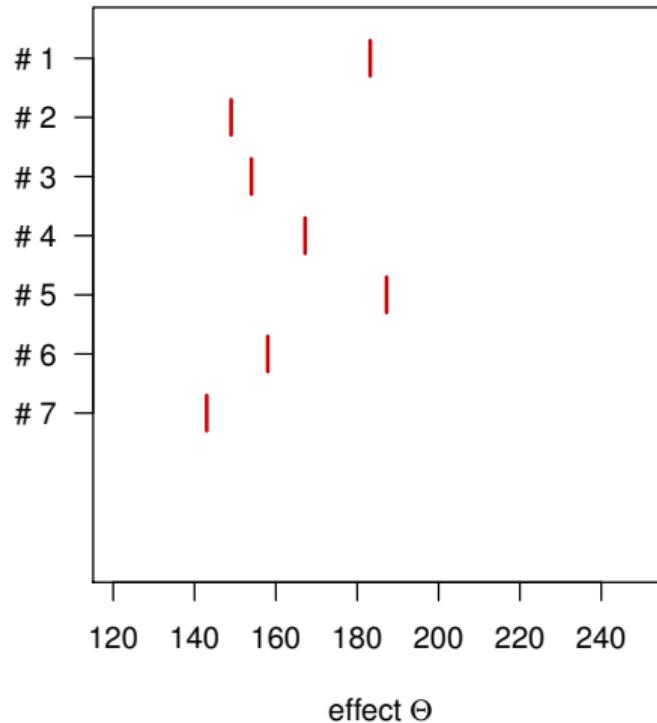


# Overview

- meta-analysis
- frequentist and Bayesian approaches
- two-study meta-analysis
- examples + simulations
- shrinkage estimation
- examples + simulations
- conclusions

# Meta analysis

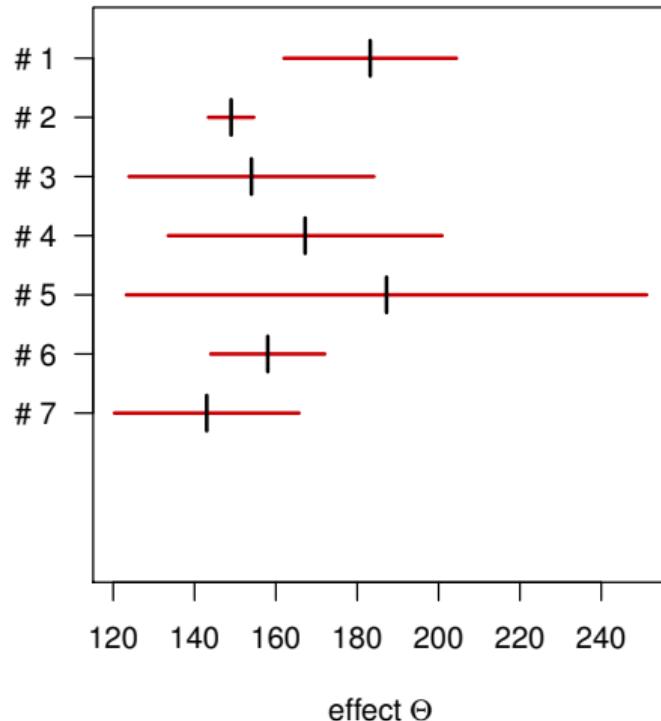
## The random-effects model



- have:
  - estimates  $y_i$
  - standard errors  $\sigma_i$
- want:
  - combined estimate  $\hat{\Theta}$
- nuisance parameter:
  - between-trial heterogeneity  $\tau$

# Meta analysis

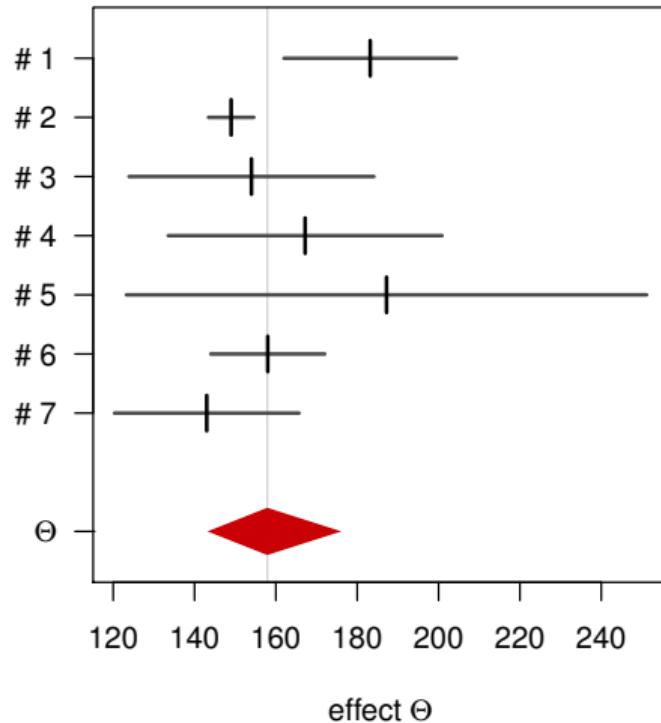
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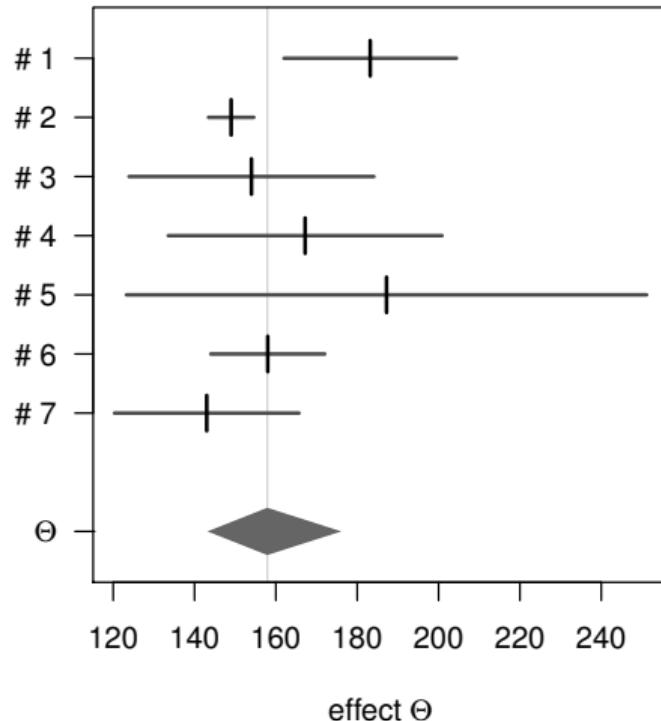
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# Meta analysis

## The random-effects model

- assume *normal-normal hierarchical model (NNHM)*

$$y_i|\theta_i \sim \text{Normal}(\theta_i, s_i^2), \quad \theta_i|\Theta, \tau \sim \text{Normal}(\Theta, \tau^2)$$

$$\Rightarrow y_i|\Theta, \tau \sim \text{Normal}(\Theta, s_i^2 + \tau^2)$$

- model components:

*Data:*

- estimates  $y_i$
- standard errors  $s_i$

*Parameters:*

- effect  $\Theta$
- heterogeneity  $\tau$
- (study-specific effects  $\theta_i$ )

# Meta analysis

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*Parameters:*

- effect  $\Theta$
- heterogeneity  $\tau$
- (study-specific effects  $\theta_i$ )

- $\Theta \in \mathbb{R}$  of primary interest (“effect”)
- $\tau \in \mathbb{R}^+$  nuisance parameter (“between-trial heterogeneity”)

# Meta analysis

## Frequentist approaches

- usual frequentist procedure:

- (1) derive heterogeneity estimate  $\hat{\tau}$
- (2) conditional on  $\tau = \hat{\tau}$ , derive
  - estimate  $\hat{\Theta}$
  - standard error  $\hat{\sigma}_{\Theta}$

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$$\hat{\Theta} \pm \hat{\sigma}_{\Theta} z_{(1-\alpha/2)}$$

# Meta analysis

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- confidence interval via Normal approximation:

$$\hat{\Theta} \pm \hat{\sigma}_{\Theta} z_{(1-\alpha/2)}$$

(uncertainty in  $\tau$  not accounted for)

# Meta analysis

## Frequentist approaches

- Hartung-Knapp-Sidik-Jonkman approach (accounting for  $\tau$  estimation uncertainty)<sup>1</sup>:
  - compute

$$q := \frac{1}{k-1} \sum_i \frac{(y_i - \hat{\Theta})^2}{s_i^2 + \hat{\tau}^2}$$

- confidence interval via Student- $t$  approximation:

$$\hat{\Theta} \pm \sqrt{q} \hat{\sigma}_{\Theta} t_{(k-1);(1-\alpha/2)}$$

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<sup>1</sup> G. Knapp, J. Hartung. Improved tests for a random effects meta-regression with a single covariate. *Statistics in Medicine* 22(17):2693–2710, 2003.

<sup>2</sup> C. Röver, G. Knapp, T. Friede. Hartung-Knapp-Sidik-Jonkman approach and its modification for random-effects meta-analysis with few studies. *BMC Medical Research Methodology* 15:99, 2015.

# Meta analysis

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$$\hat{\Theta} \pm \sqrt{q} \hat{\sigma}_{\Theta} t_{(k-1);(1-\alpha/2)}$$

- modified Knapp-Hartung approach<sup>2</sup>:

- quadratic form  $q$  may turn out  $< 1$ , confidence intervals may get shorter
- truncate  $q$  to get more conservative interval:

$$\hat{\Theta} \pm \max\{\sqrt{q}, 1\} \hat{\sigma}_{\Theta} t_{(k-1);(1-\alpha/2)}$$

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# Meta analysis

## Bayesian approach

- Bayesian approach <sup>3</sup>
  - set up model likelihood (same as frequentist)
  - specify prior information about unknowns ( $\Theta, \tau$ )
  - posterior:  $\propto$  prior  $\times$  likelihood
  - inference requires integrals, e.g.  $p(\Theta | y, \sigma) = \int p(\Theta, \tau | y, \sigma) d\tau \dots$
  - use numerical methods for integration  
(MCMC, bayesmeta R package<sup>4</sup>, ...)
- straightforward interpretation, no reliance on asymptotics, consideration of prior information, ...

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<sup>3</sup> A. J. Sutton, K. R. Abrams. *Bayesian methods in meta-analysis and evidence synthesis*. Statistical Methods in Medical Research, 10(4):277, 2001.

<sup>4</sup> <http://cran.r-project.org/package=bayesmeta>

# Meta analysis

## The random-effects model

- *normal-normal hierarchical model (NNHM)* applicable for many endpoints:  
only need estimates and std. errors of some *effect measure*
- $k = 2$  to 3 studies is a common scenario:  
*majority* of meta analyses in Cochrane Database<sup>5</sup>
- frequentist methods run into problems for few studies (small  $k$ )
- two-study case: no satisfactory frequentist procedure<sup>6</sup>
- despite extreme setting, error control crucial<sup>7</sup>

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<sup>5</sup> R.M. Turner et al. Predicting the extent of heterogeneity in meta-analysis, using empirical data from the Cochrane Database of Systematic Reviews. *International Journal of Epidemiology* 41(3):818–827, 2012.

E. Kontopantelis et al. A re-analysis of the Cochrane Library data: The dangers of unobserved heterogeneity in meta-analyses. *PLoS ONE* 8(7):e69930, 2013.

<sup>6</sup> A. Gonnermann et al. No solution yet for combining two independent studies in the presence of heterogeneity. *Statistics in Medicine* 34(16):2476–2480, 2015

<sup>7</sup> European Medicines Agency (EMA). Guideline on clinical trials in small populations. CHMP/EWP/83561/2005, [http://www.ema.europa.eu/docs/en\\_GB/document\\_library/Scientific\\_guideline/2009/09/WC500003615.pdf](http://www.ema.europa.eu/docs/en_GB/document_library/Scientific_guideline/2009/09/WC500003615.pdf), 2006.

# Examples

## 2-study meta analyses

- two examples of two-study meta-analyses<sup>8,9</sup>
- binary endpoints (log-ORs)
- Bayesian analyses:
  - uniform effect ( $\Theta$ ) prior
  - half-normal heterogeneity ( $\tau$ ) priors with scales 0.5 and 1.0
- frequentist analyses:
  - normal approximation
  - Hartung-Knapp-Sidik-Jonkman (HKSJ) interval
  - modified Knapp-Hartung (mKH) interval
  - for  $k = 2$  studies *DerSimonian-Laird*, *ML*, *REML* and *Paule-Mandel* heterogeneity estimates coincide<sup>10</sup>

<sup>8</sup> N.D. Crins et al. Interleukin-2 receptor antagonists for pediatric liver transplant recipients: A systematic review and meta-analysis of controlled studies. *Pediatric Transplantation* 18(8):839–850, 2014.

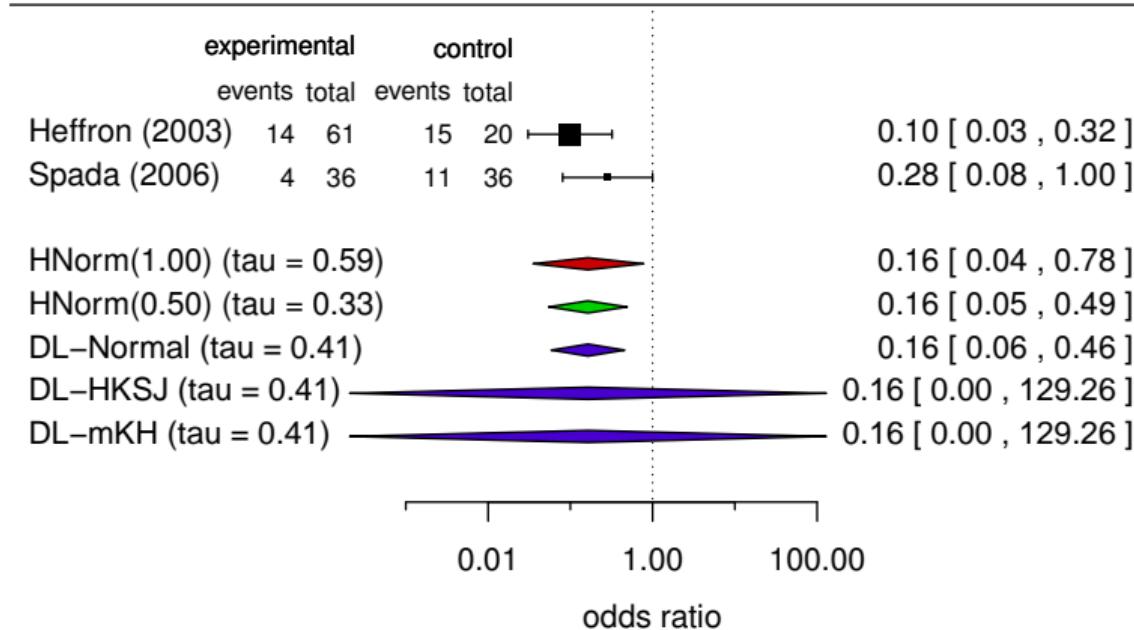
<sup>9</sup> R.C. Davi et al. Krystexxa™ (Pegloticase, PEG-uricase and puricase). Statistical Review and Evaluation STN 125293-0037, U.S. Department of Health and Human Services, Food and Drug Administration (FDA).

<sup>10</sup> A.L. Rukhin. Estimating common mean and heterogeneity variance in two study case meta-analysis. *Statistics & Probability Letters* 82(7):1318-1325, 2012.

# Examples

## 2-study meta analyses

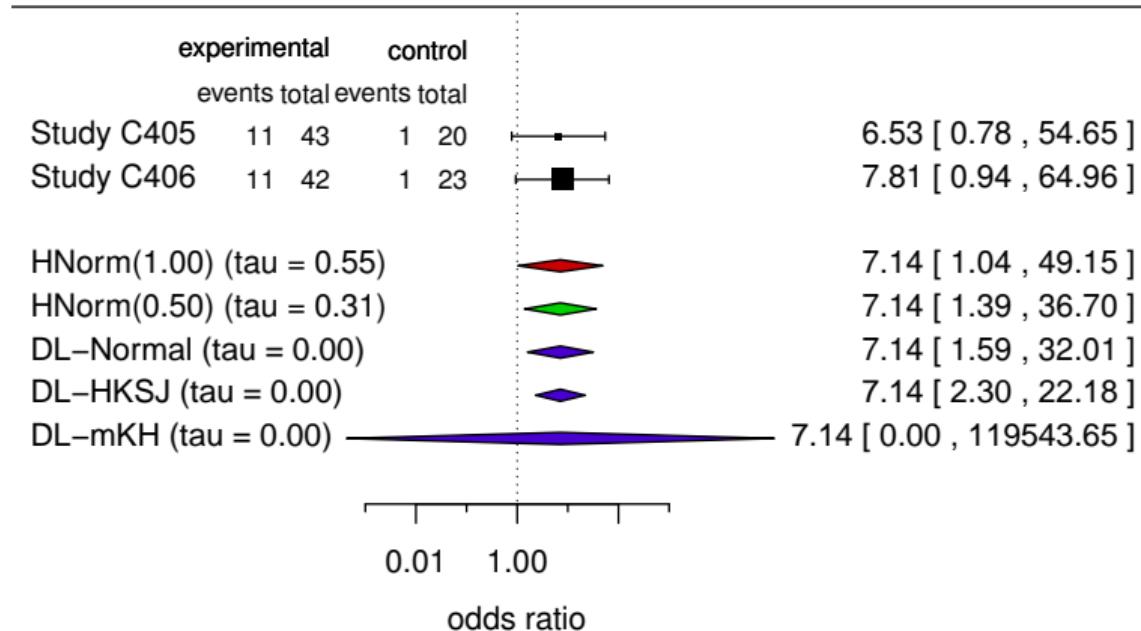
Crins et al. example: acute graft rejection



# Examples

## 2-study meta analyses

Krystexxa example: infusion reaction



# Simulation study

## Setup

- How do methods compare in general?
- motivation: log-OR endpoint
- simulate data (according to NNHM) on log-OR scale
- consider combinations of studies of sizes  $n_1, n_2 \in \{25, 100, 400\}$   
(standard errors  $\sigma_i = \frac{2}{\sqrt{n_i}}$ )
- heterogeneity  $\tau \in \{0.0, 0.1, 0.2, 0.5, 1.0\}$

# Simulation study

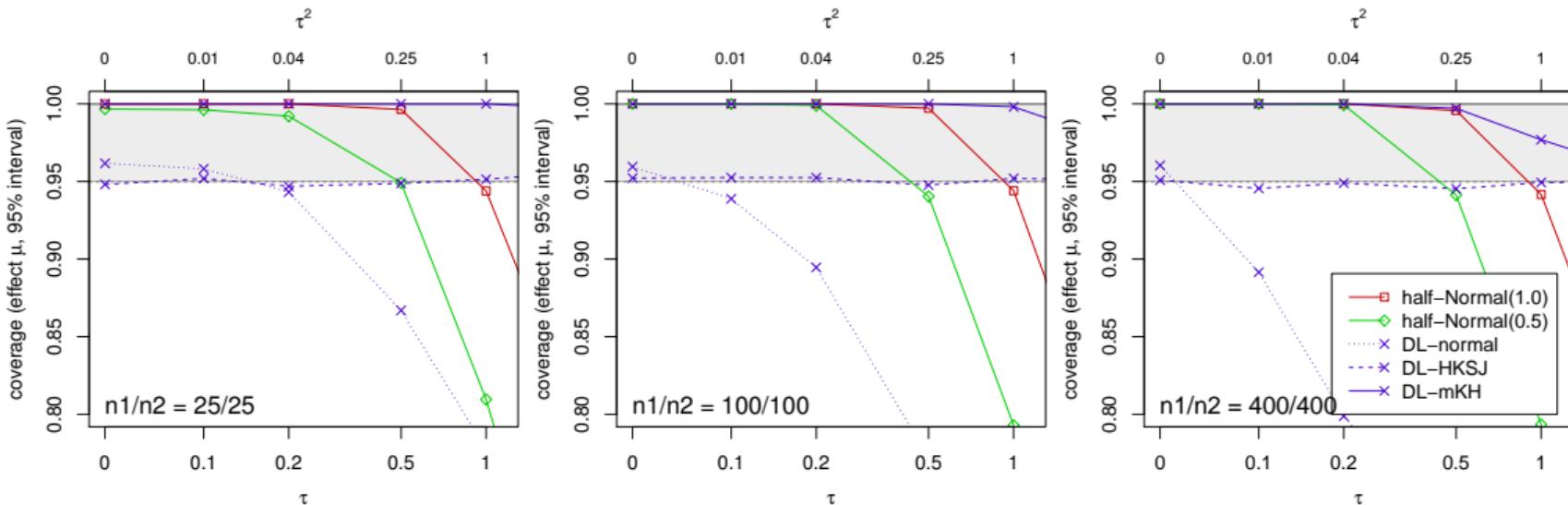
heterogeneity estimation: **zero estimates**

- Percentages of zero heterogeneity estimates  
(effectively *fixed-effect* analyses):

$n_1 / n_2$	true heterogeneity $\tau$				
	0.0	0.1	0.2	0.5	1.0
25 / 25	68	67	62	47	29
100 / 100	68	63	52	29	15
400 / 400	68	53	34	16	8
25 / 100	68	65	60	41	23
100 / 400	68	61	46	24	13
25 / 400	68	65	59	39	22

# Simulation study

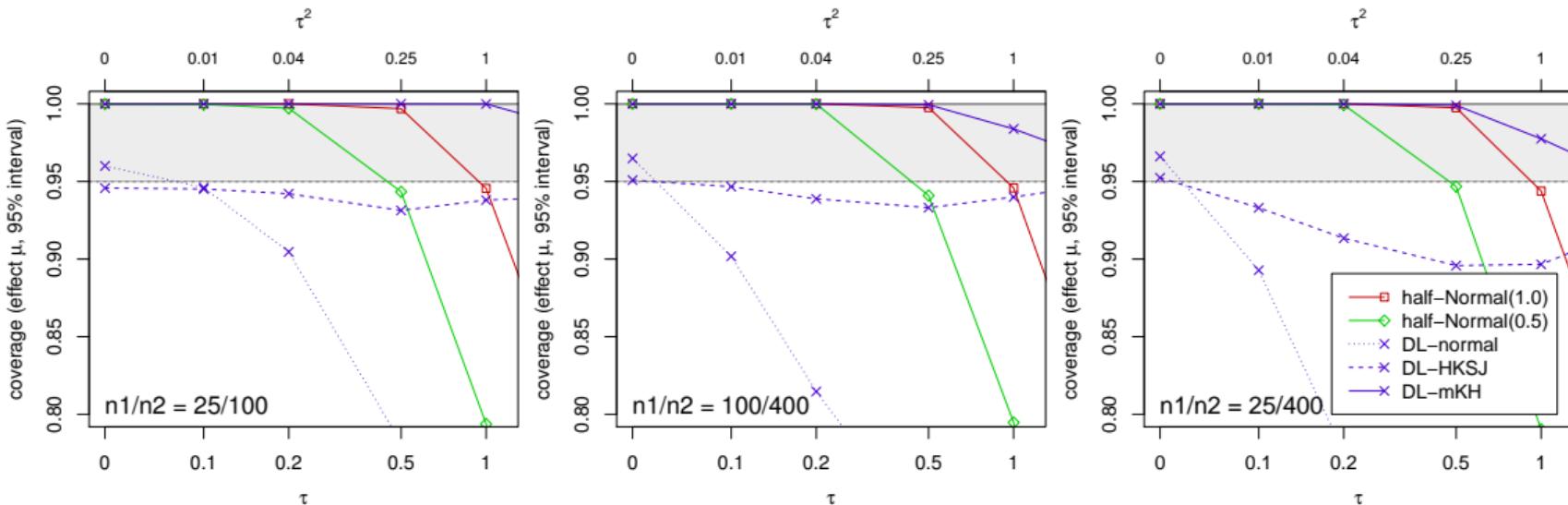
## effect CI coverage (two equal-sized studies)



- undercoverage for normal approx.

# Simulation study

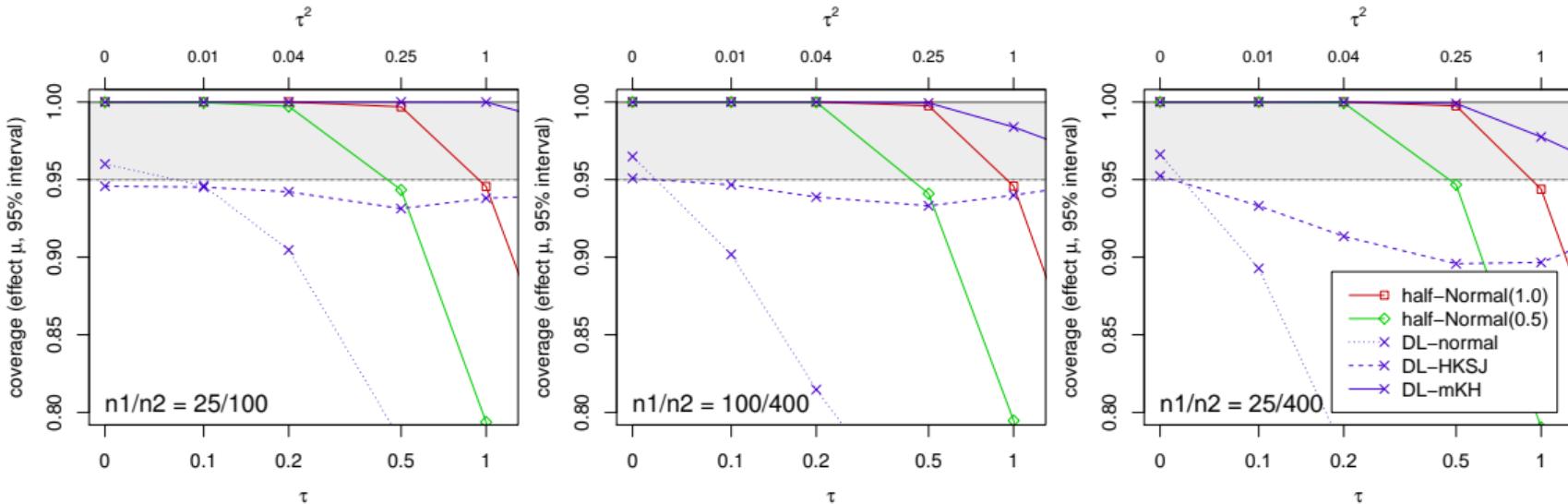
## effect CI coverage (two unequal-sized studies)



- undercoverage for normal approx.
- undercoverage for HKSJ at unequal sizes

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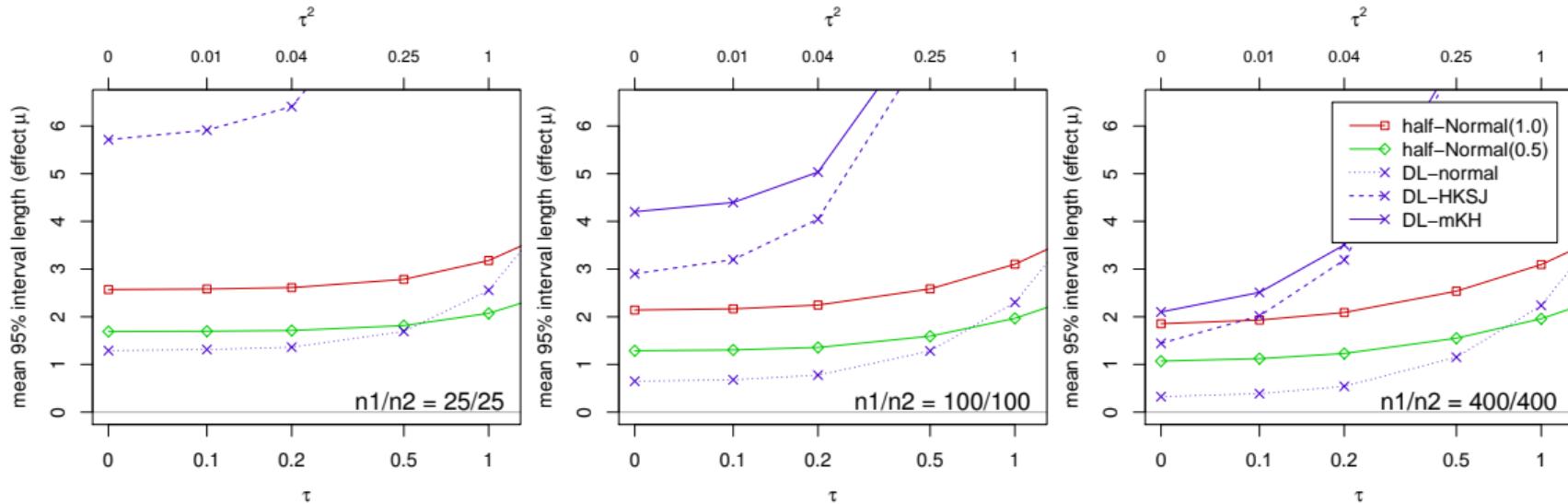
## effect CI coverage (two unequal-sized studies)



- undercoverage for normal approx.
- undercoverage for HKSJ at unequal sizes
- Bayesian intervals as expected
- mKH very conservative

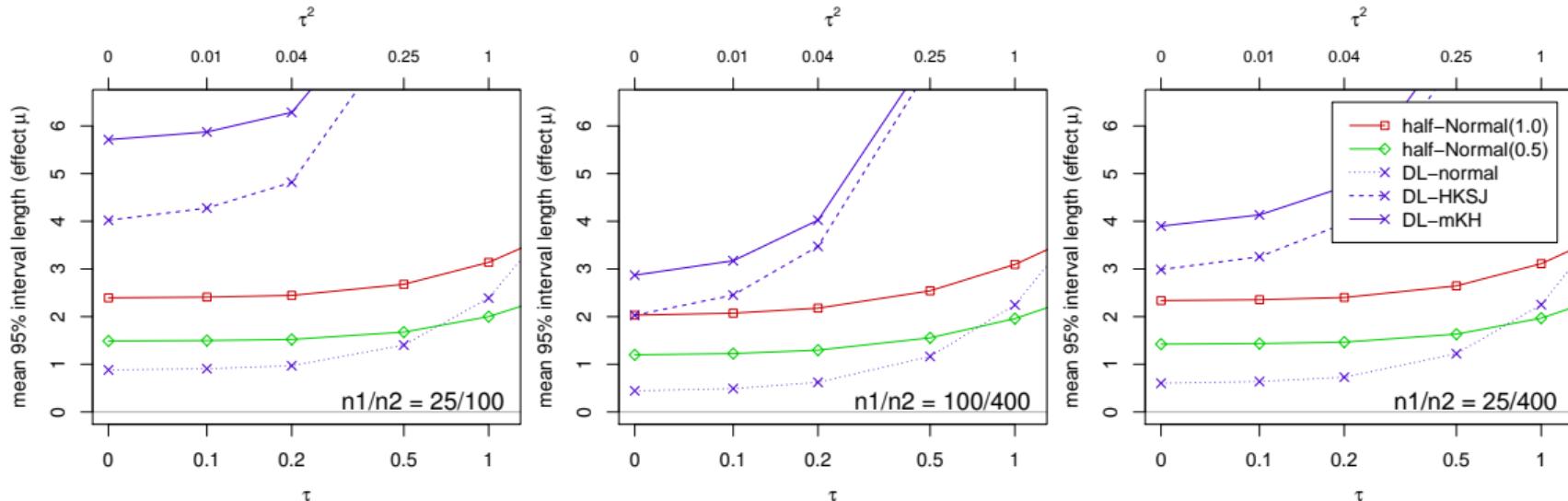
# Simulation study

effect CI length (two equal-sized studies)



# Simulation study

## effect CI length (two unequal-sized studies)



- substantially shorter intervals for Bayesian methods

# Conclusions I

Meta-analysis of 2 studies

- two-study meta-analysis is a common scenario
- common frequentist methods tend to be either very conservative or too liberal
- small  $k$  technically not a problem for Bayesian approach  
(no reliance on asymptotics)
- w.r.t. long-run performance, Bayesian meta-analysis provides a middle ground
- interpretation is straightforward
- paper to appear<sup>11</sup>

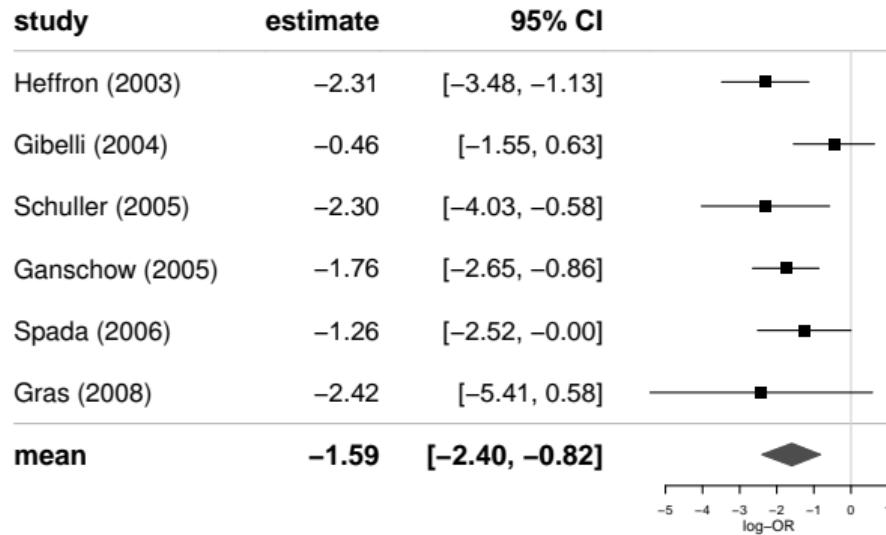
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<sup>11</sup>

T. Friede, C. Röver, S. Wandel, B. Neuenschwander. Meta-analysis of two studies in the presence of heterogeneity with applications in rare diseases. *Biometrical Journal*, (in press), 2016. URL: <http://dx.doi.org/10.1002/bimj.201500236>.

# Shrinkage estimation

## Introduction

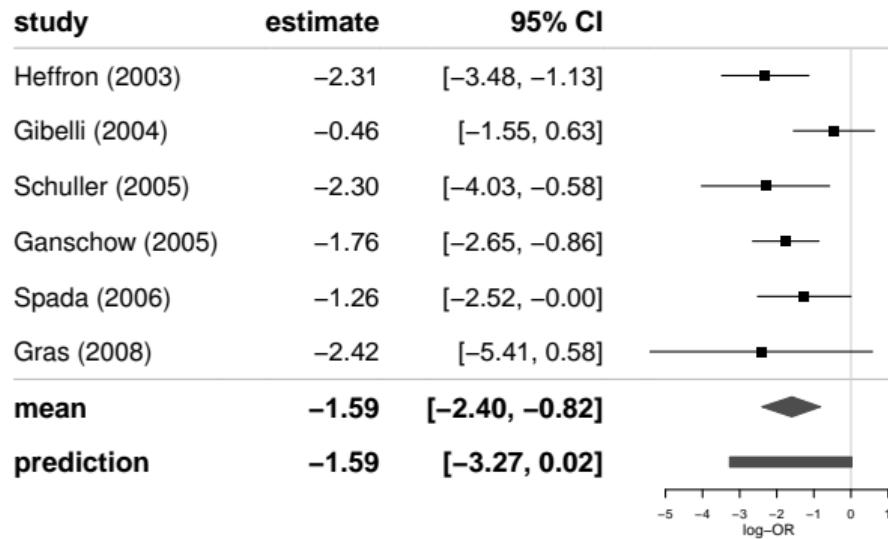


different aims of meta analysis:

- overall mean of studies?  
→ **effect estimation ( $\Theta$ )**

# Shrinkage estimation

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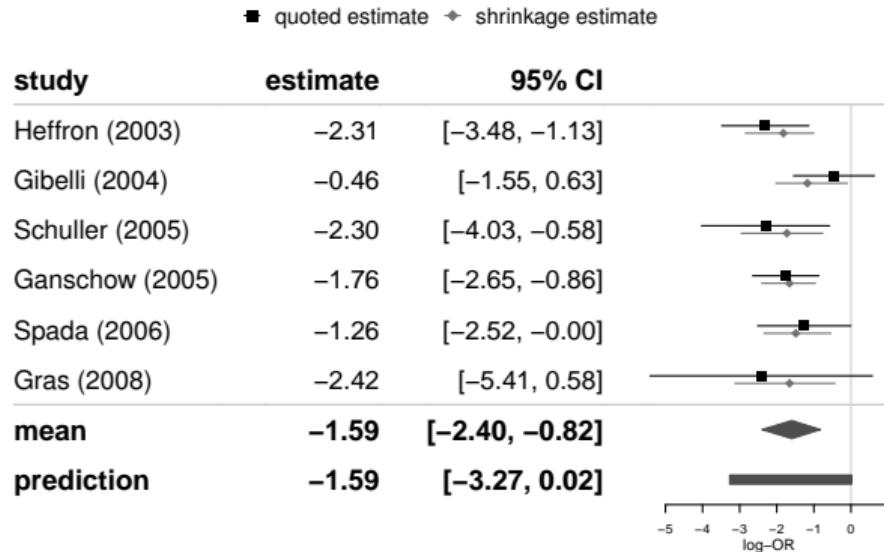


different aims of meta analysis:

- overall mean of studies?  
→ **effect estimation** ( $\Theta$ )
- future studies?  
→ **prediction** ( $\theta_{k+1}$ )

# Shrinkage estimation

## Introduction



different aims of meta analysis:

- overall mean of studies?  
→ **effect estimation** ( $\Theta$ )
- future studies?  
→ **prediction** ( $\theta_{k+1}$ )
- individual studies?  
→ **shrinkage estimation** ( $\theta_i$ )

# Shrinkage estimation

## Introduction

shrinkage estimation:

- specific for the  $i$ th study
- estimate of study's specific mean  $\theta_i$
- based on all estimates  $(y_1, \dots, y_k, \sigma_1, \dots, \sigma_k)$
- (more or less) “shrunk” towards the overall mean  $\Theta$
- joint analysis informs hyperprior  $p(\Theta, \tau)$  and prior  $p(\theta_i | \Theta, \tau)$   
→ more informative posterior based on data  $y_i$ .

# Shrinkage estimation

## The MAP / MAC connection

- two ways to analyze  $i$ th estimate:
  - **Meta-analytic-combined (MAC) approach:**  
perform joint meta-analysis of all studies,  
determine  $i$ th shrinkage estimate
  - **Meta-analytic-predictive (MAP) approach:**  
meta-analyze all but  $i$ th study;  
resulting posterior yields *meta-analytic predictive (MAP)* prior,  
use MAP prior and data  $y_i$  to infer  $\theta_i$
- both approaches yield identical results<sup>12</sup>

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<sup>12</sup>H. Schmidli, et al. Robust meta-analytic-predictive priors in clinical trials with historical control information. *Biometrics* 70(4):1023–1032, 2014.

# Shrinkage estimation

## Inference for single trials

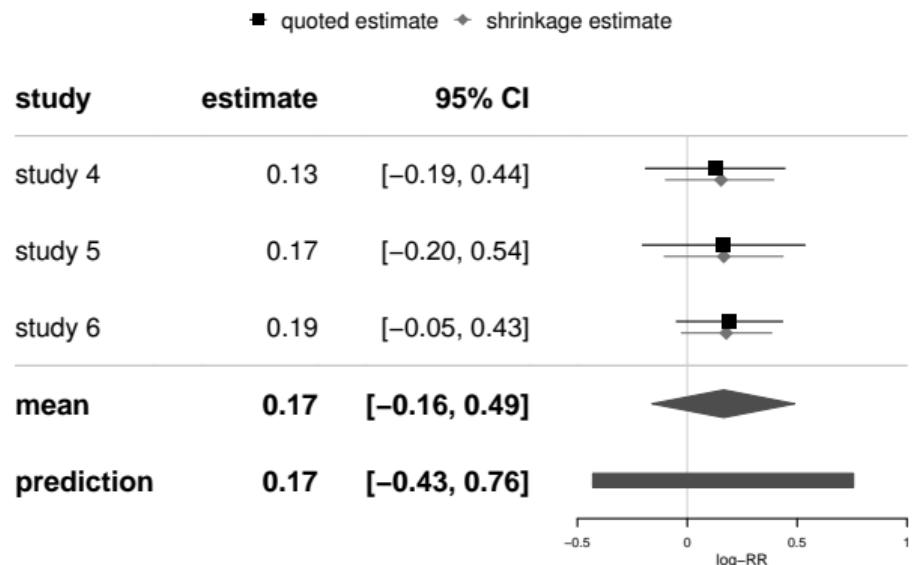
- often of primary interest: a particular study (-outcome)  
**(not** a more general evidence synthesis)
- example:
  - phase III studies
  - additional information: studies from earlier phases
- aim is not a synthesis of all available data,  
but use of MAP prior may be readily motivated<sup>13</sup>
- separate consideration of *(MAP) prior* and *data* yields a transparent analysis
- allows to consider external information when data are sparse  
(e.g. rare diseases)

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<sup>13</sup> S. Wandel, B. Neuenschwander, C. Röver, T. Friede. Using phase II data for the analysis of phase III studies: an application in rare diseases. (*submitted for publication*), 2016. Preprint: <http://arxiv.org/abs/1609.03367>.

# Shrinkage estimation

## The HSV example



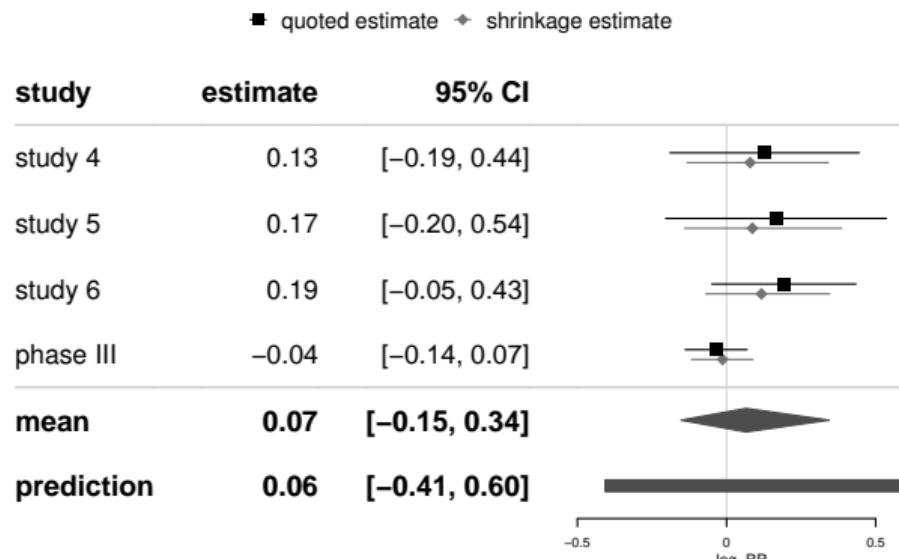
HSV example  
(cure rate endpoint, non-inferiority)<sup>a</sup>:

- end of phase II:  
3 studies available,  
**prediction interval** constitutes  
prior for planned phase III study

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# Shrinkage estimation

## The HSV example



HSV example  
(cure rate endpoint, non-inferiority)<sup>a</sup>:

- end of phase II:  
3 studies available,  
**prediction interval** constitutes prior for planned phase III study
- phase III:  
new trial's **shrinkage interval** summarizes trial considering informative "phase II" prior

<sup>a</sup>S. Wandel, B. Neuenschwander, C. Röver, T. Friede. Using phase II data for the analysis of phase III studies: an application in rare diseases. (*submitted for publication*), 2016.  
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# Shrinkage estimation

in 2-study meta-analysis

- common case:  
inference on a **single** study
- consideration of external information / data (**single** estimate)
- consideration of potential heterogeneity
- → use NNHM framework and shrinkage estimate

# Shrinkage estimation

## The Creutzfeld-Jakob disease (CJD) example

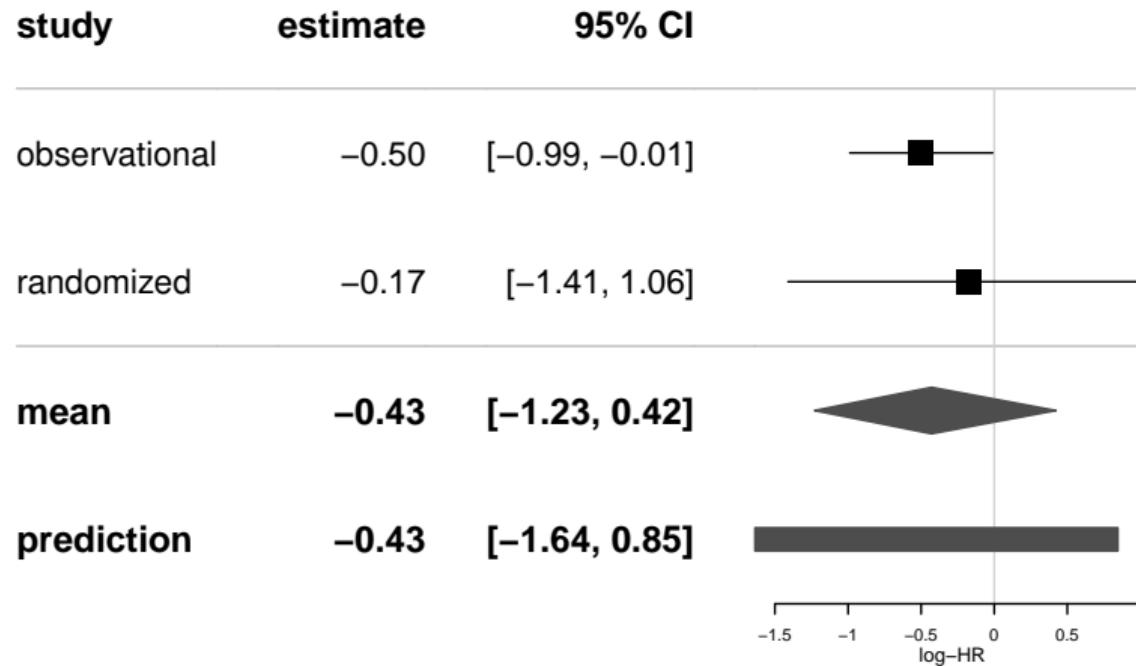
- Creutzfeld-Jakob disease (CJD) is a **rare disease**
- A small **randomized trial** on the use of Doxycycline was conducted, external **registry data** was considered in addition<sup>14</sup>
- heterogeneity suspected between randomized and observational evidence
- both (randomized and observational) estimates were meta-analyzed using NNHM
- originally, interest was in overall effect ( $\Theta$ )

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<sup>14</sup> D. Varges et al. Doxycycline in early CJD – a double-blinded randomized phase II and observational study. *General Neurology* (accepted for publication).

# Shrinkage estimation

The Creutzfeld-Jakob disease (CJD) example



# Shrinkage estimation

two-study scenario

- consider: primary interest in randomized trial outcome  
(no “breaking of randomization” by pooled analysis)
- does it make sense to consider shrinkage estimates from a 2-study meta-analysis?
- how do shrinkage estimates behave in general?

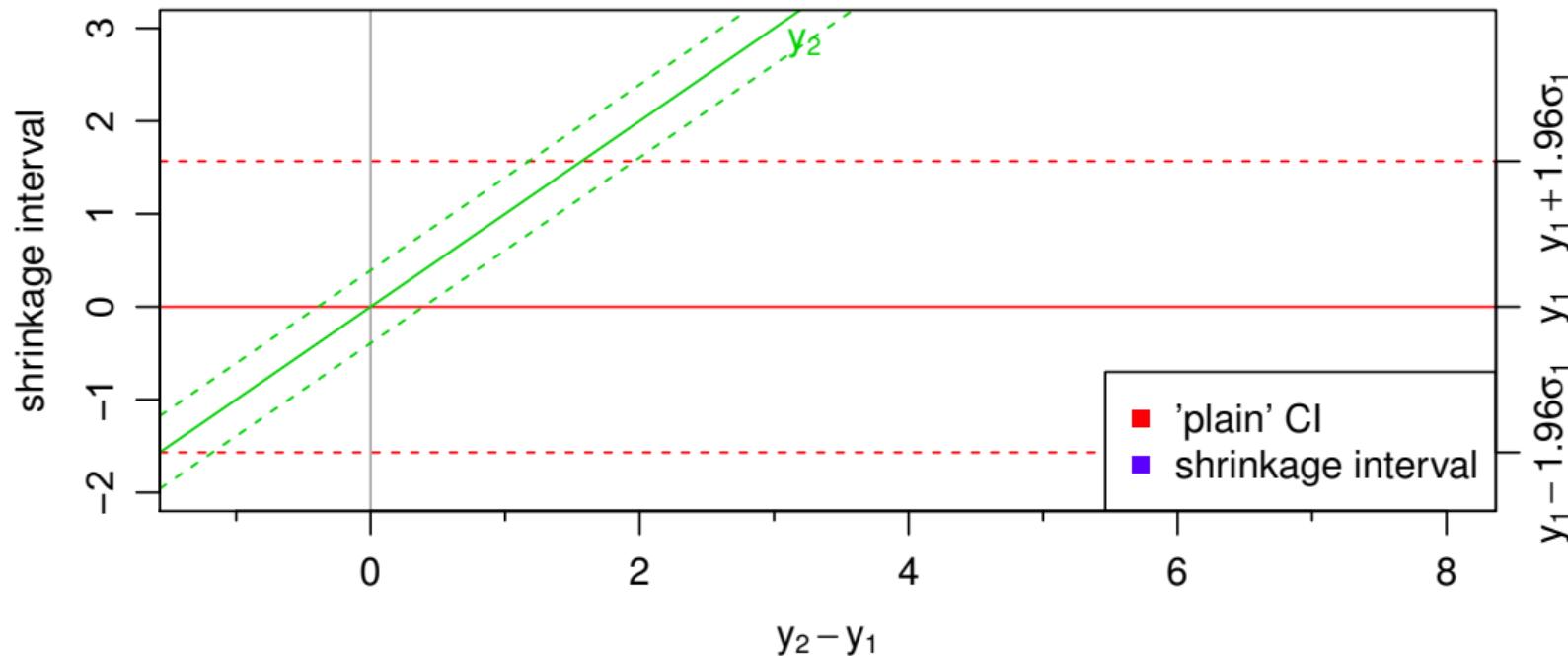
# Shrinkage estimation

two-study scenario

- consider: primary interest in randomized trial outcome  
(no “breaking of randomization” by pooled analysis)
- does it make sense to consider shrinkage estimates from a 2-study meta-analysis?
- how do shrinkage estimates behave in general?
- investigate example cases
- investigate long-run behaviour
- consider again pairs of studies  
 $(n_1, n_2 \in \{25, 100, 400\}, p(\tau) = \text{HN}(0.5), \dots)$

# Shrinkage estimation

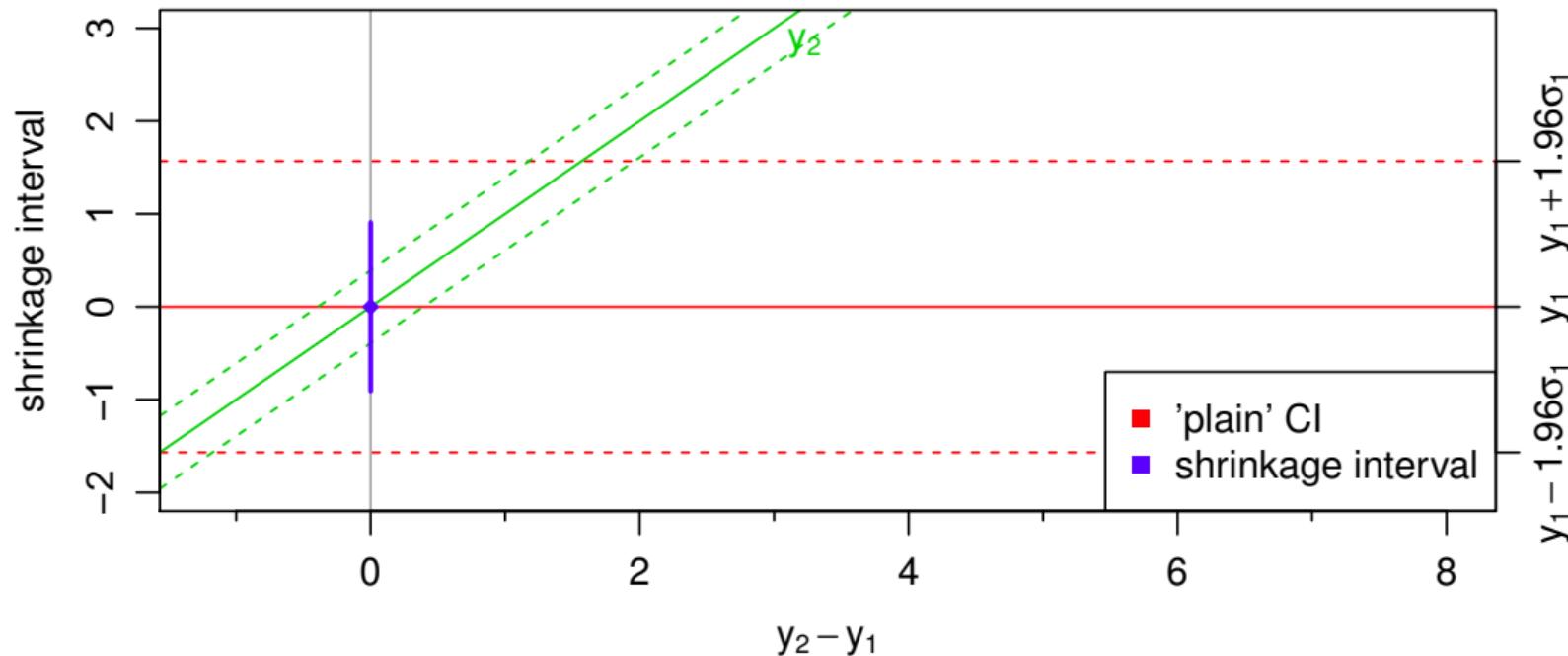
two-study scenario



- $n_1 = 25, n_2 = 400, p(\tau) = \text{HN}(0.5)$ , interested in  $\theta_1$

# Shrinkage estimation

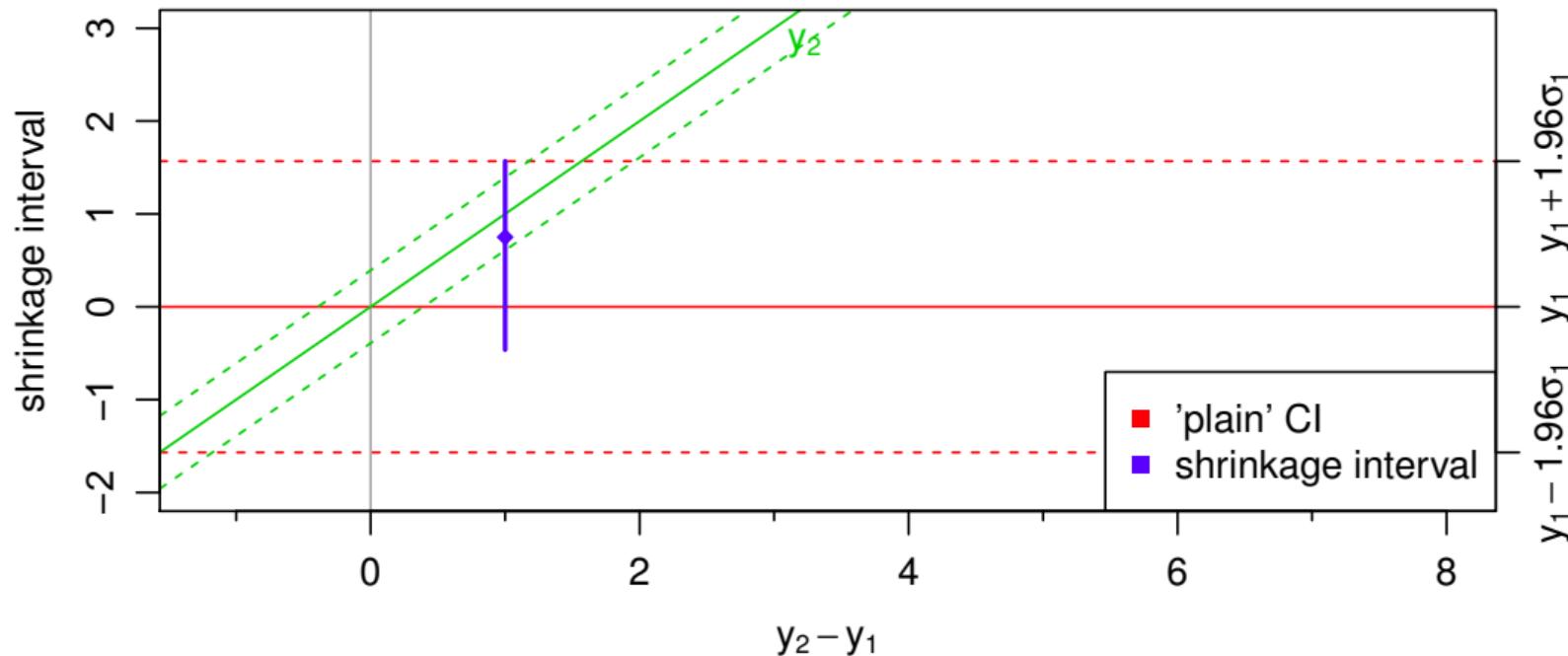
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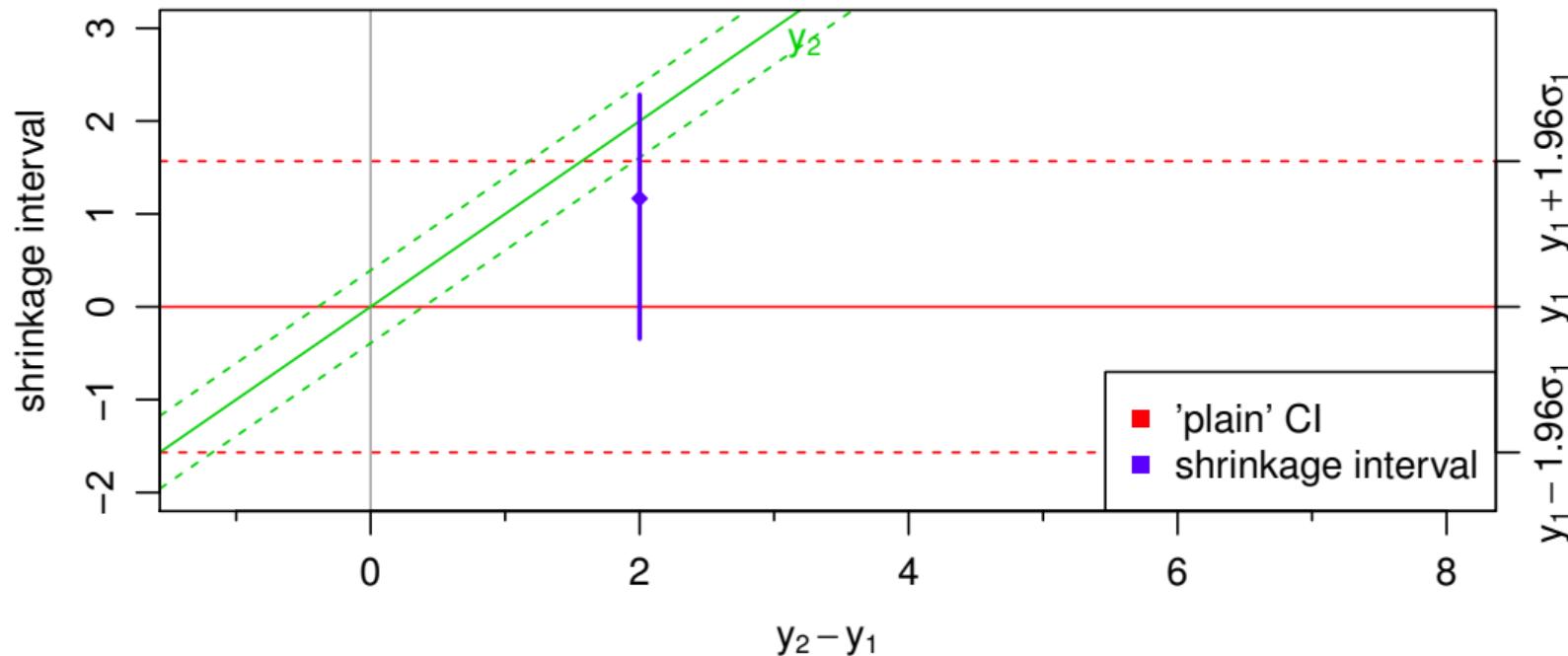
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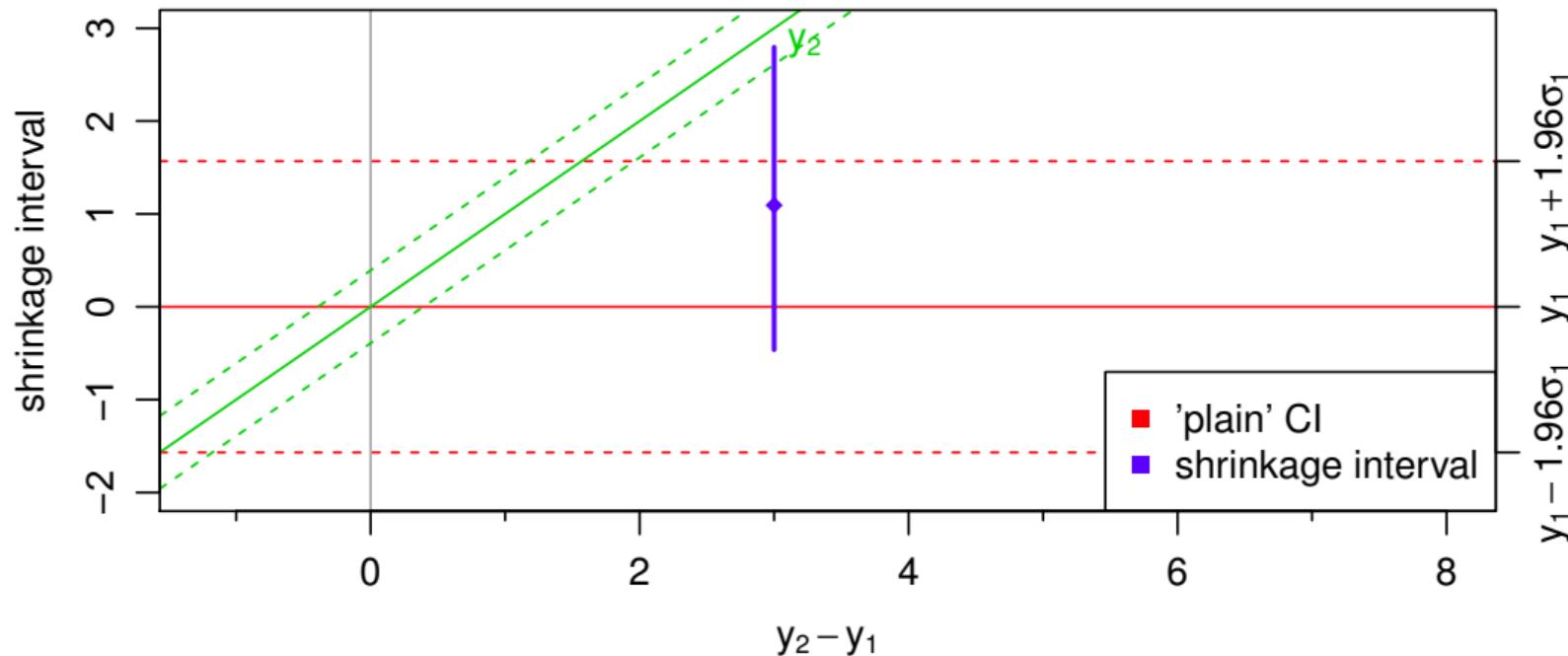
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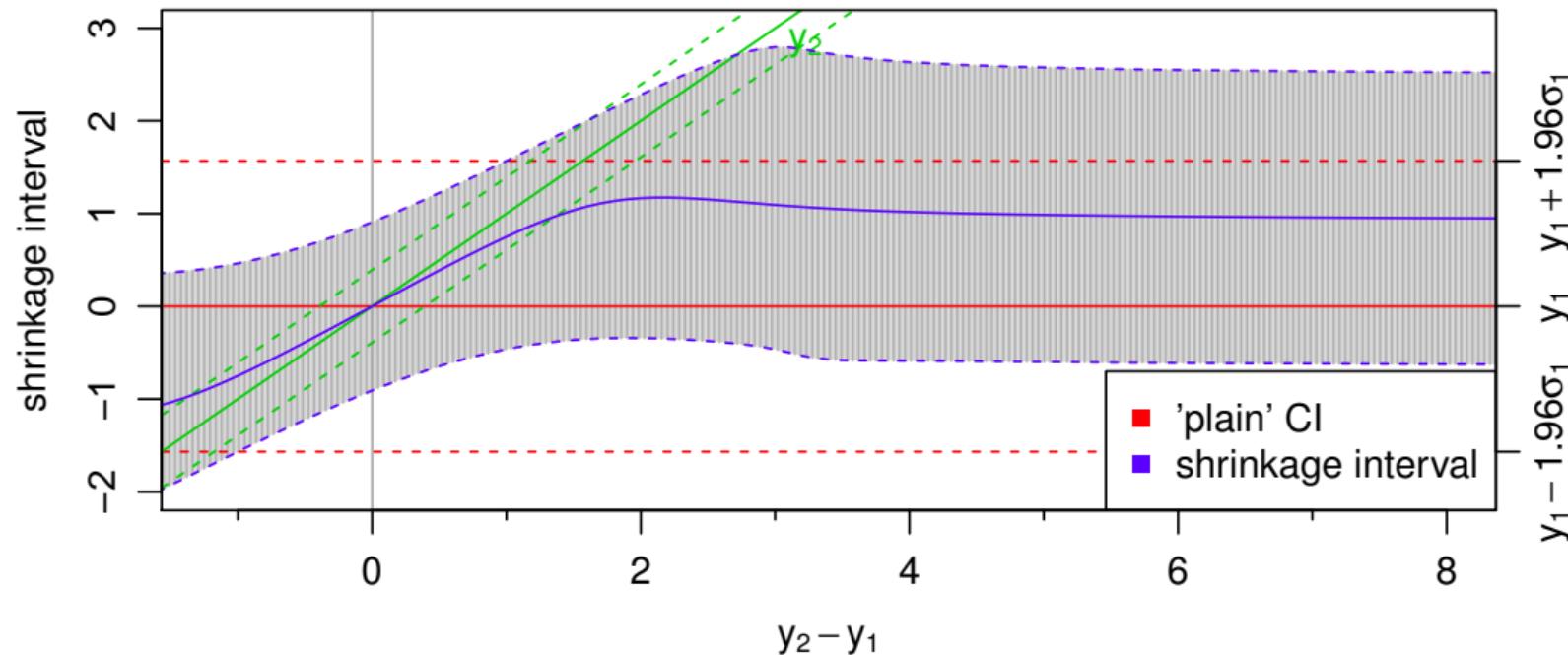
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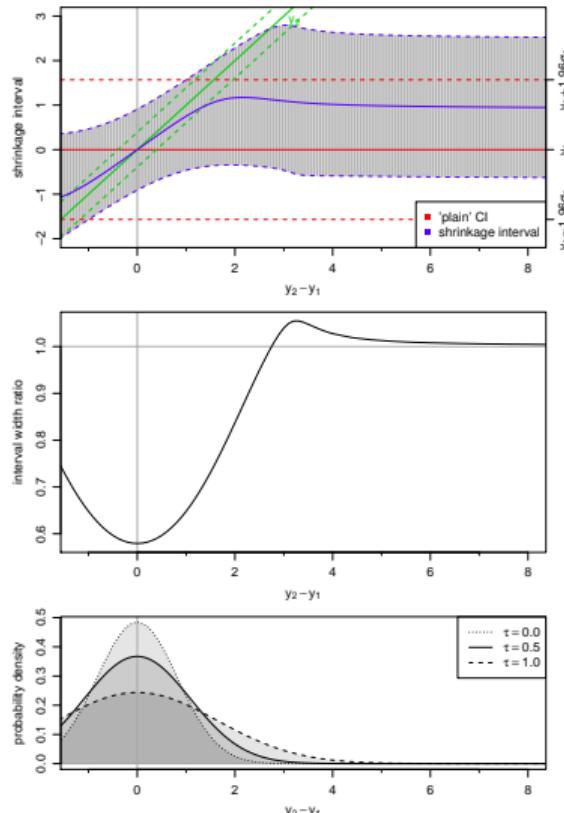
two-study scenario



- $n_1 = 25, n_2 = 400, p(\tau) = \text{HN}(0.5)$ , interested in  $\theta_1$

# Shrinkage estimation

two-study scenario



- 'robust' behaviour
- ratio of CI widths:  
gain may be substantial
- probability density of  $(y_2 - y_1)$ :  
unlikely to exceed  $|y_2 - y_1| = 5$

# Shrinkage estimation

two-study simulations

- how do shrinkage intervals behave *on average*?
- what gain can we expect (if any)?
- investigate:
  - coverage
  - interval width
- may translate shortened intervals into *sample size gain*  
(assuming standard errors scale approximately with  $\frac{1}{\sqrt{n}}$ ), e.g.:  
relative interval with of 90% corresponds to a  $(0.90^{-2} - 1) = 26\%$  gain in sample size

# Shrinkage estimation

two-study simulations: coverage (%)

$n_1/n_2$	$\tau:$	HN(0.5)							HN(1.0)						
		0.0	0.1	0.2	0.5	1.0	2.0	*	0.0	0.1	0.2	0.5	1.0	2.0	*
25/400		99.8	99.5	99.0	93.4	84.1	79.4	94.7	99.4	99.2	99.1	96.6	92.6	90.8	95.1
25/100		98.7	98.8	98.3	93.6	86.1	79.9	95.1	98.3	98.7	98.5	96.3	93.2	90.4	94.4
100/400		98.5	98.1	97.2	93.3	90.7	90.6	94.9	98.0	97.6	97.3	95.1	93.5	93.6	95.3
25/25		96.7	96.8	96.1	94.6	90.4	84.5	95.0	97.1	97.1	96.6	95.8	94.1	92.1	94.9
100/100		96.8	96.7	96.4	94.0	91.3	91.0	95.7	96.7	96.6	96.8	95.3	93.8	93.8	94.9
400/400		96.9	96.7	95.0	93.9	93.9	94.1	95.0	96.6	96.6	95.0	94.7	94.9	95.0	95.0
100/25		96.0	95.8	95.1	94.8	93.9	92.6	94.7	96.0	95.9	95.4	95.2	94.8	94.4	94.8
400/100		95.2	95.8	95.2	94.8	93.7	93.8	95.1	95.4	95.7	95.3	95.1	94.4	94.6	95.1
400/25		95.2	94.9	95.3	94.7	94.8	94.5	95.3	95.1	94.9	95.3	94.8	94.9	95.2	95.2

\*: heterogeneity  $\tau$  drawn from prior distribution

# Shrinkage estimation

two-study simulations: relative interval width (%)

$n_1/n_2$	$\tau:$	HN(0.5)							HN(1.0)						
		0.0	0.1	0.2	0.5	1.0	2.0	*	0.0	0.1	0.2	0.5	1.0	2.0	*
25/400		62.3	62.7	63.0	65.6	72.1	83.1	65.1	75.6	75.9	76.2	78.6	83.8	90.9	81.5
25/100		67.5	67.4	67.9	69.8	75.2	84.2	69.5	78.5	78.4	78.8	80.8	85.2	91.4	83.2
100/400		78.5	78.7	79.9	85.2	91.4	95.9	83.4	85.7	85.9	86.9	90.9	95.1	97.8	92.1
25/25		78.9	79.0	79.0	79.7	81.8	86.8	79.7	85.2	85.2	85.3	86.2	88.3	92.4	87.6
100/100		85.1	85.4	85.7	88.5	92.5	96.2	87.5	89.9	90.1	90.4	92.7	95.6	97.9	93.9
400/400		89.9	90.5	91.9	95.5	97.8	99.0	93.7	93.0	93.4	94.5	97.2	98.7	99.5	97.3
100/25		92.9	92.9	93.0	93.4	94.6	96.6	93.3	95.0	95.0	95.1	95.6	96.7	98.1	96.1
400/100		95.0	95.1	95.4	96.7	98.1	99.1	96.2	96.5	96.6	96.9	97.9	98.9	99.5	98.2
400/25		98.0	98.0	98.1	98.2	98.6	99.2	98.2	98.6	98.6	98.6	98.8	99.1	99.5	99.0

\*: heterogeneity  $\tau$  drawn from prior distribution

# Shrinkage estimation

two-study simulations: relative sample size gain (%)

$n_1/n_2$	$\tau:$	HN(0.5)							HN(1.0)						
		0.0	0.1	0.2	0.5	1.0	2.0	*	0.0	0.1	0.2	0.5	1.0	2.0	*
25/400		162	160	158	144	113	68.4	147	77.8	76.5	75.4	67.1	50.5	28.8	58.3
25/100		123	123	121	111	89.6	56.3	113	64.8	65.0	63.6	57.1	43.5	25.6	50.0
100/400		64.5	64.0	60.0	43.8	25.7	12.7	49.4	37.4	37.1	34.3	23.9	13.3	6.2	20.7
25/25		61.2	60.9	60.7	58.4	51.8	36.9	58.7	38.7	38.5	38.1	35.8	30.0	19.6	32.2
100/100		38.8	38.1	37.1	29.6	19.4	10.1	32.3	24.4	23.8	23.0	17.4	10.7	5.3	14.8
400/400		24.2	22.9	19.4	11.0	5.5	2.4	15.1	16.1	15.1	12.5	6.6	3.1	1.3	6.3
100/25		15.9	16.0	15.8	14.8	11.9	7.5	14.9	10.9	10.9	10.7	9.6	7.2	4.2	8.4
400/100		11.0	10.7	10.0	7.3	4.2	2.0	8.3	7.4	7.2	6.6	4.5	2.5	1.1	3.9
400/25		4.1	4.1	4.0	3.7	2.9	1.7	3.7	2.9	2.8	2.8	2.5	1.8	1.0	2.1

\*: heterogeneity  $\tau$  drawn from prior distribution

# Shrinkage estimation

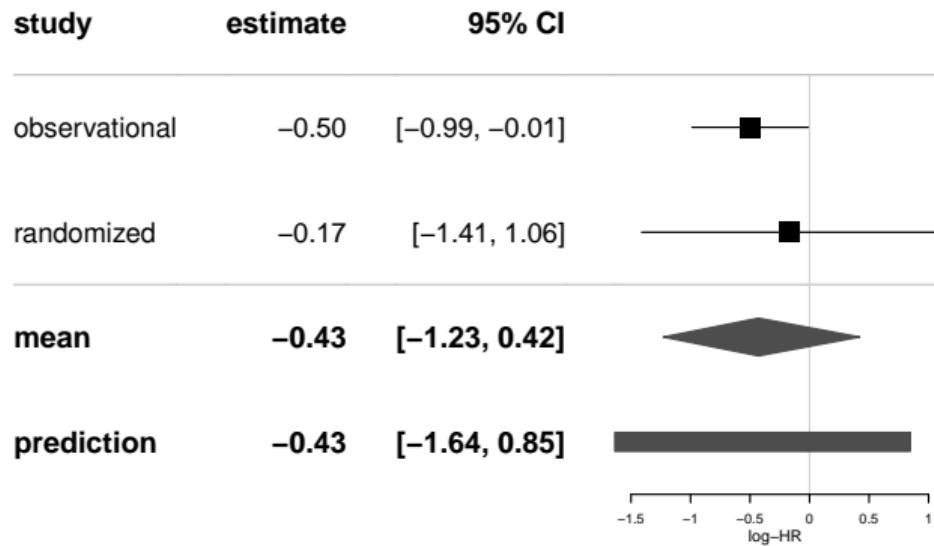
two-study simulations: fraction of shortened intervals (%)

$\tau$ prior:	$n_1/n_2$	$\tau$ :	HN(0.5)							HN(1.0)						
			0.0	0.1	0.2	0.5	1.0	2.0	*	0.0	0.1	0.2	0.5	1.0	2.0	*
25/25		100.0	99.9	100.0	99.7	97.4	81.9	99.5	99.4	99.1	99.1	97.7	91.1	68.8	91.4	
25/100		99.9	99.9	99.9	99.1	92.3	68.6	98.6	99.2	99.3	98.9	96.4	83.9	57.4	86.9	
25/400		99.9	99.9	99.9	98.8	90.7	64.0	98.1	99.3	99.3	99.1	95.8	82.3	53.9	85.8	
100/25		99.7	99.8	99.7	98.7	89.9	65.3	98.1	98.2	98.1	97.9	94.6	80.3	53.8	85.2	
100/100		99.3	98.9	98.5	90.9	68.6	39.7	91.5	97.6	96.6	95.6	83.7	59.8	33.5	71.3	
100/400		99.2	98.7	97.3	84.2	56.9	31.1	87.2	97.5	96.8	94.5	77.0	50.1	26.9	65.4	
400/25		99.6	99.8	99.5	97.6	86.7	58.9	96.9	98.1	98.1	97.1	93.0	76.3	48.7	82.3	
400/100		98.7	98.2	95.8	80.4	54.4	29.5	84.7	96.1	95.1	91.6	72.4	47.0	24.9	62.3	
400/400		97.6	96.0	88.5	60.3	34.1	17.7	72.0	95.1	92.6	83.0	54.2	30.4	15.5	48.6	

\*: heterogeneity  $\tau$  drawn from prior distribution

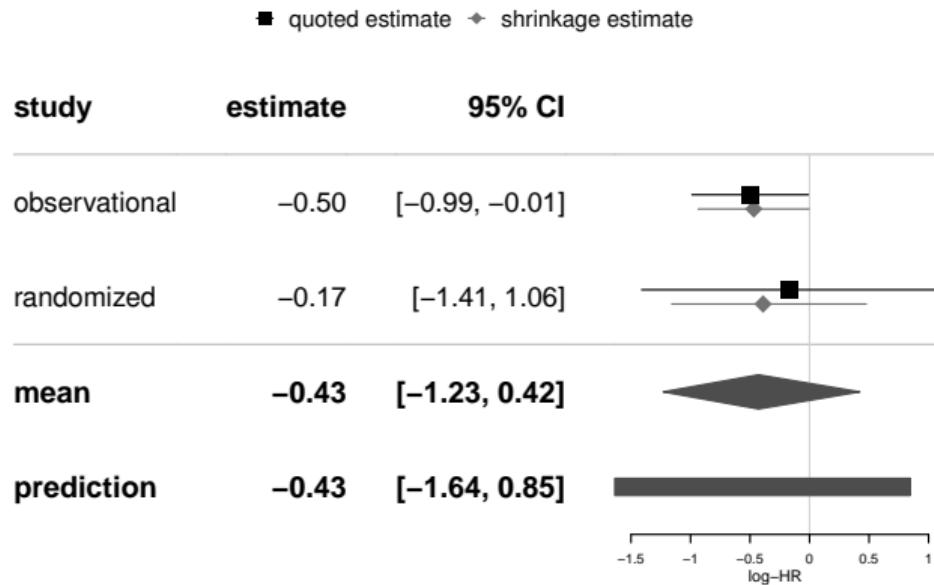
# Shrinkage estimation

The Creutzfeld-Jakob disease (CJD) example



# Shrinkage estimation

The Creutzfeld-Jakob disease (CJD) example



- shrinkage interval width: 66%,  
129% gain in sample size  
(≈27 instead of 12 patients)

# Conclusions II

Shrinkage estimates for 2 studies

- readily motivated
- robust behaviour
- potentially substantial gain despite ‘pathological’ setting ( $k = 2$ )
- especially if  $\sigma_2 \leq \sigma_1$
- good coverage

# Conclusions II

Shrinkage estimates for 2 studies

- readily motivated
  - robust behaviour
  - potentially substantial gain despite 'pathological' setting ( $k = 2$ )
  - especially if  $\sigma_2 \leq \sigma_1$
  - good coverage
- 
- ```
install.packages("bayesmeta")
library("bayesmeta")
```

+++ additional slides +++

# CJD example

R code

```
cjd <- cbind.data.frame("study"      = c("observational", "randomized"),
                        "logHR"       = c(-0.49948, -0.17344),
                        "logHR.se"    = c(0.2493, 0.6312), stringsAsFactors=FALSE)

# analyze:
require("bayesmeta")
bm <- bayesmeta(y      = cjd$logHR,
                 sigma   = cjd$logHR.se,
                 labels  = cjd$study,
                 tau.prior = function(t){dhalfnormal(t, scale=0.5)})

# show results:
print(bm)

# show forest plot:
forestplot(bm, xlab="log-HR")
forestplot(bm, exponentiate=TRUE, xlog=TRUE, xlab="hazard ratio")

# show shrinkage estimates:
print(bm$theta)
```