

# Advanced IPD meta-analysis methods for clinical trials

## Part 3

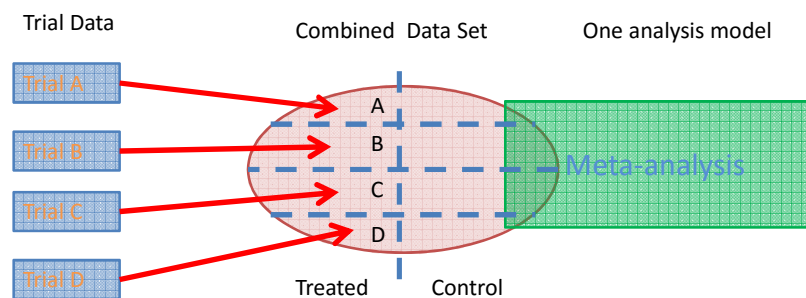
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## The one-stage approach



- All data analysed in one model
  - Account for trial and treatment

## Extending the two-stage approach

Linear (continuous)

$$y_i = \alpha + \theta x_i$$

Logistic (binary)

$$\log\left(\frac{p_i}{1-p_i}\right) = \alpha + \theta x_i$$

Extend these models to include multiple trials (subscript  $s$ )

$$y_{si} = \alpha_s + \theta x_{si}$$

$$\log\left(\frac{p_{si}}{1-p_{si}}\right) = \alpha_s + \theta x_{si}$$

Outcome for  
patient  $i$  in trial  $s$

Control group average  
in trial  $s$

Common treatment effect  
in all trials

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## Stratified studies, common treatment

General link function  $\leftarrow g(y_{si}) = \alpha_s + \theta x_{si}$

- Separate baseline effect for each trial
  - Trials are kept separated
  - Randomisation respected
- Common treatment effect in all trials
  - Fixed effect meta-analysis

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## Random effects

$$g(y_{si}) = \alpha_s + \theta_s x_{si}$$

$$\theta_s \sim N(\theta, \tau^2)$$

Different effect in each trial

Overall summary effect

Heterogeneity

- Random treatment effects
- (Generalised) Linear Mixed Effect Model

## Random study effects

$$g(y_{si}) = \alpha_s + \theta_s x_{si}$$

$$\begin{pmatrix} \alpha_s \\ \theta_s \end{pmatrix} \sim N \left( \begin{pmatrix} \alpha \\ \theta \end{pmatrix}, \begin{pmatrix} \tau_\alpha^2 & \rho \\ \rho & \tau_\theta^2 \end{pmatrix} \right)$$

- Can assume random effects on baseline parameters
- Useful for:
  - Small trials
  - Trials using similar protocols

## Advantages of one-stage approach

- Highly flexible: broad range of models
  - Linear / logistic / Poisson / survival regression
  - Fixed or random effects
  - Add covariates and interaction parameters
  - Multivariate analysis
- BUT
  - More statistically complex
  - Different approach from standard meta-analysis

## Software

- Mixed effect regression
- Needs specialist statistical software
- SAS
  - PROC MIXED, PROC GLIMMIX
- R
  - lme4 library (lmer, glmer)
- Stata
  - mixed, melogit

## PARIS antiplatelet meta-analysis

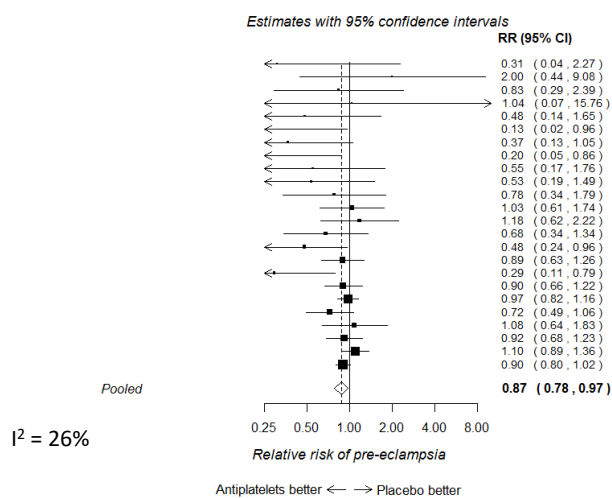
- Preventing pre-eclampsia in pregnant women
- Treatment with antiplatelets (e.g. aspirin)
- 31 placebo-controlled trials with 32,217 women



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## Two-stage meta-analysis



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## One-stage analysis

$$\log(p_{si}) = \alpha_s + \theta_s x_{si}$$

$$\theta_s \sim N(\theta, \tau^2)$$

Log link for relative risk

Log relative risk

1: Antiplatelet  
0: Placebo

| Model        | Effect estimate | 95% CI       | Heterogeneity ( $\tau^2$ ) |
|--------------|-----------------|--------------|----------------------------|
| Two-stage RR | 0.871           | 0.78 to 0.97 | 0.014 ( $I^2 = 26\%$ )     |
| One-stage RR | 0.898           | 0.84 to 0.97 | 0                          |
| Two-stage OR | 0.849           | 0.75 to 0.97 | 0.021 ( $I^2 = 29\%$ )     |
| One-stage OR | 0.886           | 0.82 to 0.96 | 0                          |

## Extending the one-stage model

- Adding covariates:

$$g(y_{si}) = \alpha_s + \theta_s x_{si} + \gamma_s z_{si}$$

$$\theta_s \sim N(\theta, \tau^2)$$

A covariate:  
Age  
Sex  
Drug dose  
Severity

- Can correct for imbalance in poorly randomised trials

## The impact of covariates on treatment

- Do covariates alter the treatment effect?

$$g(y_{si}) = \alpha_s + \theta_s x_{si} + \gamma_s z_{si} + \delta_s x_{si} z_{si}$$

$$\theta_s \sim N(\theta, \tau^2)$$

Interaction between  
treatment and covariate

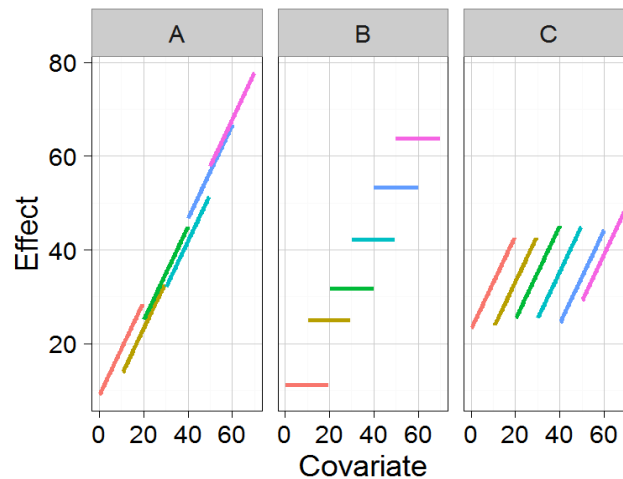
- $\delta$  (and  $\gamma$ ,  $\theta$ ,  $\alpha$ ) can be:
  - Fixed effect:  $\delta_s = \delta$
  - Random effects:  $\delta_s \sim N(\delta, \tau_\delta^2)$
  - Different in each trial
    - Will need to meta-analyse these  $\delta_s$
    - A two-stage approach

## Covariate effects in the PARIS analysis

| Covariate                      | Odds ratio of interaction with antiplatelets | 95% CI       |
|--------------------------------|--|--------------|
| Previous pregnancy (Yes vs no) | 1.022  | 0.86 to 1.21 |
| Gestational age (per week)     | 1.004  | 0.99 to 1.02 |
| Maternal age (per year)        | 1.001  | 0.99 to 1.01 |

Assumed a common  $\delta$  across all trials: i.e. a fixed effect regression

## Aggregation bias: within and between trials



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## Separating within and between trials data

$$g(y_{si}) = \alpha_s + \theta_s x_{si} + \gamma_s z_{si} + \delta_W (z_{si} - \bar{z}_s) + \delta_B x_{si} \bar{z}_s$$

$$\theta_s \sim N(\theta, \tau^2)$$

Mean value in trial

- $\delta_W$  gives within-trial estimate
- $\delta_B$  gives between-trial estimate
- Can examine if these are inconsistent
  - Evidence of bias

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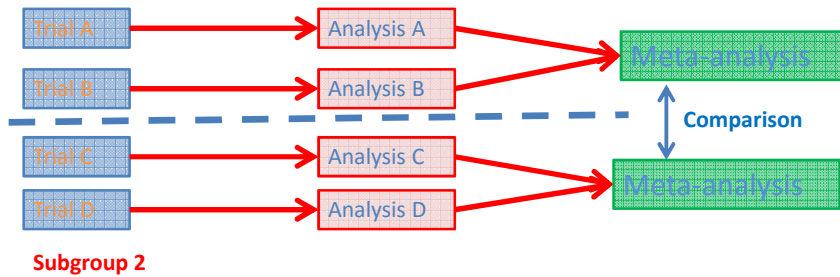
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## Two-stage approach

- Subgroup by trials

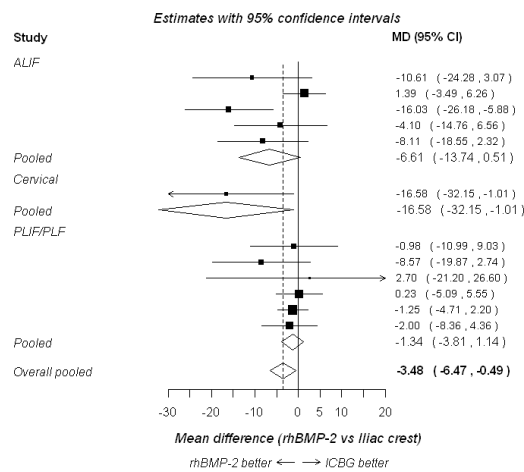
**Subgroup 1** (dose, treatment duration, location...)



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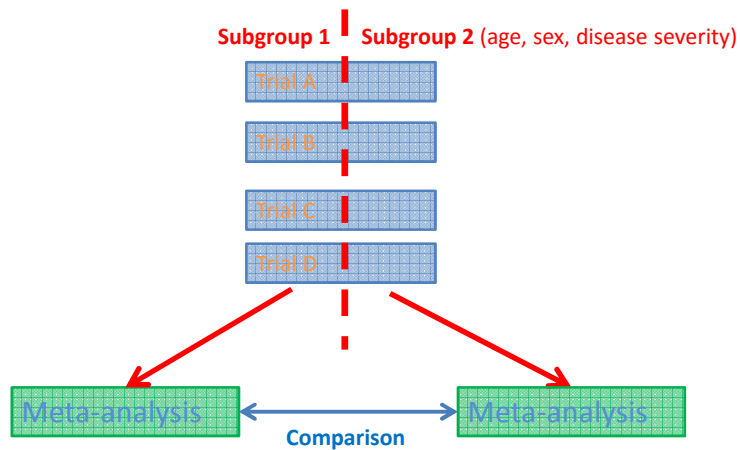
## Oswestry score improvement by type of rhBMP2 surgery



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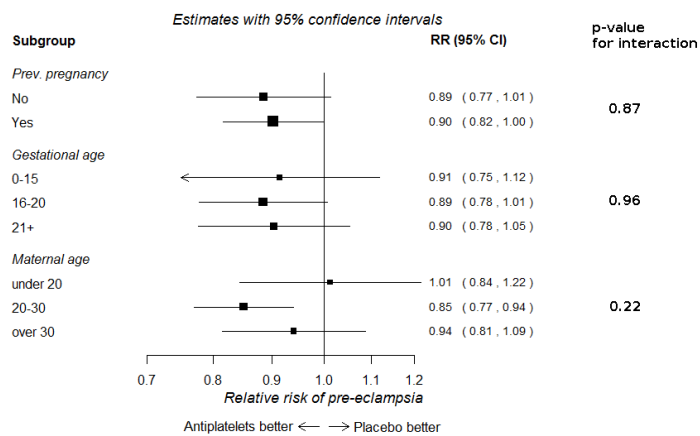
## Subgroup by patients



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## Subgroup analysis in PARIS



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## Survival data analysis and IPD

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### Why use IPD?

- Summary data is usually insufficient
  - We need the time of each event
- Reporting of survival analyses is not consistent
  - Kaplan-Meier curves, hazard ratios, log rank tests, parametric models
- IPD is usually needed for a consistent meta-analysis

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## One-stage approach

- Extend the Cox model:

$$h_{si}(t) = h_{0s}(t) \exp(\theta_s x_{si})$$

$$\theta_s \sim N(\theta, \tau^2)$$

Completely stratified  
baseline hazards

$$h_{si}(t) = h_0(t) \exp(\alpha_s + \theta_s x_{si})$$

$$\theta_s \sim N(\theta, \tau^2)$$

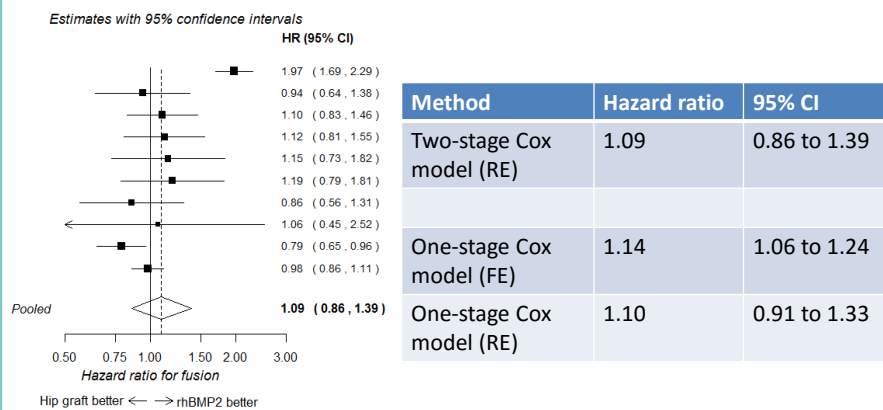
Baseline hazards have  
same "shape" but  
different scaling

- Limited software options for RE models
  - coxme library in R, WinBUGS

## Parametric models and alternatives

- Can approximate Cox model with a logistic regression or Poisson model
  - Have to assume baseline hazard is "piecewise constant"
  - It changes only at end of every month / year
- Use parametric models
  - E.g. Weibull model
  - Limited random effects software

## Time to spinal fusion (artificial)



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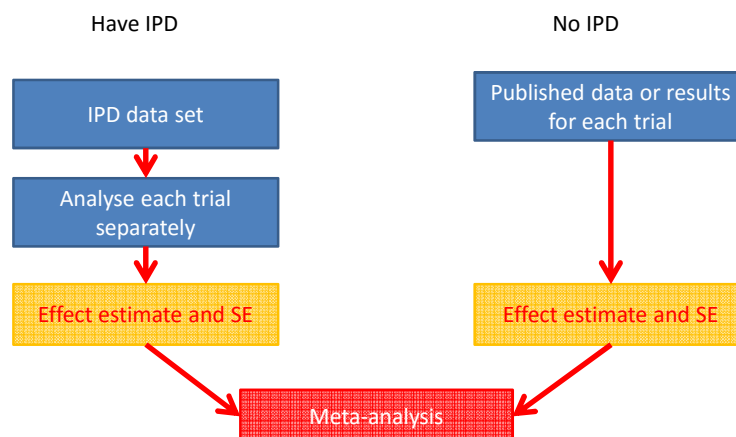
## Missing data in IPD analyses

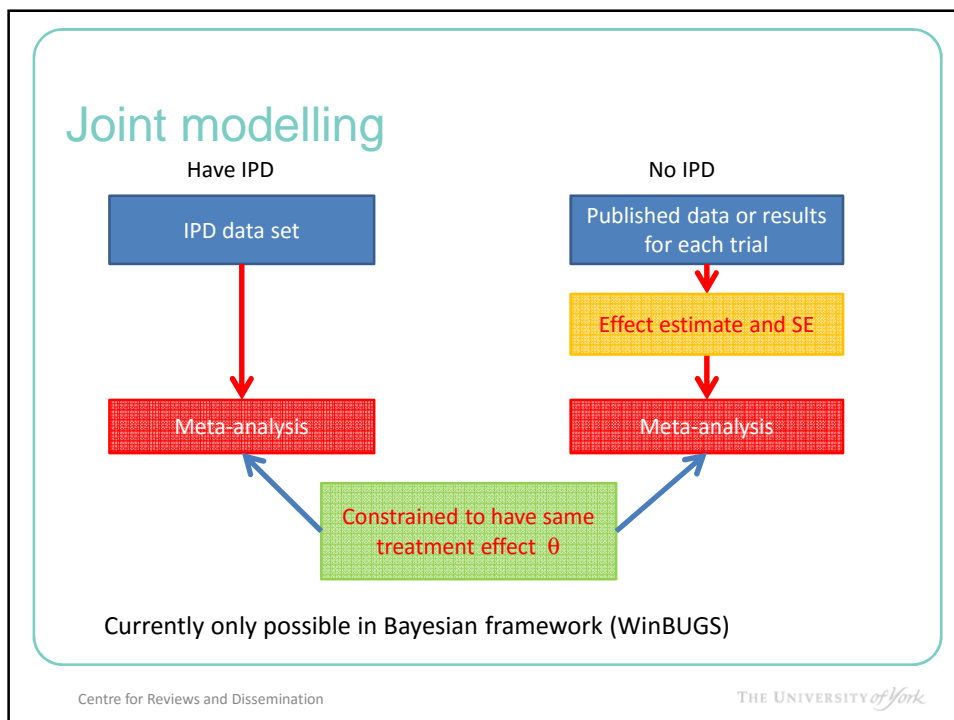
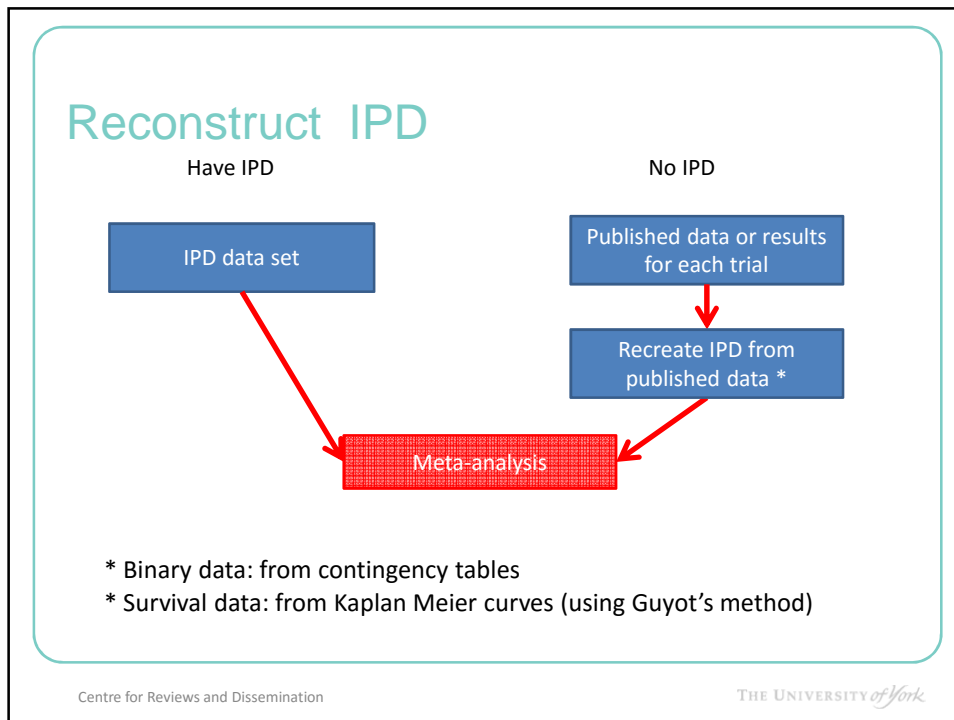
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## Trials not supplying IPD

- Trials may not provide IPD
  - Refusal to cooperate
  - Loss of original data
- May still have summary data
  - From publications or authors
- Can we combine summary data with IPD?

## Two-stage approach





## Sensitivity analysis

- Published data may be reported differently to IPD
- May not be analysed consistently
- Should compare results from IPD and published data in a sensitivity analysis
  
- No methods allow for investigation of covariate effects

## Missing outcome data

- What if some outcome data are missing?
  - Incomplete follow-up
  - Patient withdrawal
  - Loss of records



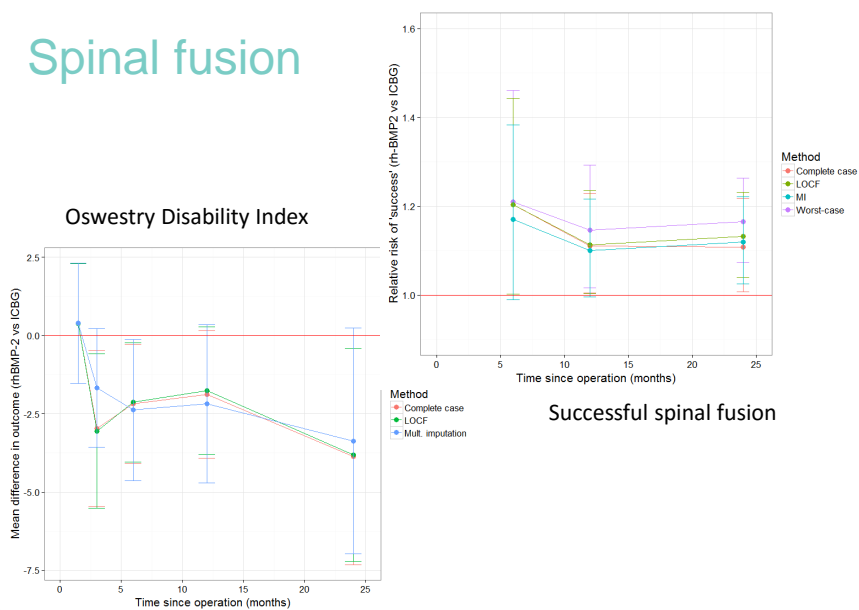
## Imputation methods

- Complete case analysis
  - Exclude patients with missing data
- Last observation carried forward
- Multiple imputation
  - From earlier time points
  - From other similar patients within the trial
  - Across trials?
  - Correct for imputation (Rubin's rules) in each trial before meta-analysis

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## Spinal fusion



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## Completely missing outcomes

- Outcomes not reported in some trials
  - Need to impute across trials
- Multiple imputation with chained equations (MICE)
  - Impute missing data for multiple outcomes
  - Use correlations between outcomes in imputation

## Summary

- IPD meta-analysis has two forms:
- Two-stage
  - Analyses within trials then pool across trials
  - Simper to perform
  - Can use standard meta-analysis methods
  - More limited when considering covariates
  - Best option if data are missing
- One-stage
  - Pool all data in one regression model
  - Offers more flexibility
  - Software more technical and limited
  - More scope for investigating impact of covariates

## References

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